September 2018 Abilene High School Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 NO SCHOOL TODAY	4 BBQ Pork Rib Sandwich Oven Baked Fries Fresh Broccoli Fresh Apple Wedges OR Crispito Combo Bar OR Chef Salad Bar	5 Turkey Fritter Mashed Potatoes Winter Mixed Vegetables Whole Wheat Roll Mandarin Oranges OR Cheeseburger OR Taco Salad Bar	6 Chili Cheese Tots Tater Tots Romaine Salad Seasoned Corn Cinnamon Puff Diced Pears OR Chicken Sandwich OR Chef Salad Bar	7 Chicken Wrap Lettuce,Tomato & Cheese Steamed Carrots Fruit Cocktail OR Hamburger Combo Bar OR Oriental Salad Bar
10 Chicken Fajita Lettuce &Tomatoes Fajita Veggies Refried Beans Applesauce OR Hamburger Combo Bar OR Taco Salad Bar	11 Spaghetti w/Meat Sauce Meatballs Spinach Salad w/ Tomatoes Pepper Strips Baby Carrots Applesauce OR Corn Dog Combo OR Chef Salad Bar	12 Country Style Beef Steak Mashed Potatoes Green Beans Whole Wheat Roll Fresh Orange Wedges OR Cheeseburger Salad Bar, AMS Taco Salad	13 Chicken Nuggets Potato Wedges Vegetable Normandy Biscuit & Gravy Sliced Peaches OR Pizza Combo OR Chef Salad Bar	14 Pig in a Blanket Baked Beans Ranch Cut Potatoes Cantaloupe OR Chicken Quesadilla OR Popcorn Chicken Salad Bar
17 Chicken Dippers Asian Fried Rice Steamed Veggies Carrot Sticks Mandarin Oranges OR Hamburger Combo Bar OR Taco Salad Bar	18 Beef Taco Lettuce,Tomato & Cheese Refried Beans w/Cheese Diced Pears OR Crispito Combo Bar OR Chef Salad Bar	19 Crispy Baked Chicken Mashed Potatoes California Veggies Whole Wheat Roll Fruit Cocktail OR Cheeseburger OR Taco Salad Bar	20 Macaroni & Cheese w/ Meatballs Steamed Broccoli Baby Carrots Whole Wheat Roll Banana OR BBQ Rib Combo OR Chef Salad Bar	21 Pepperoni Pizza Spinach Salad w/ Tomatoes Seasoned Corn Fresh Apple Wedges OR Pizza Combo OR Popcorn Chicken Salad Bar
24 NO SCHOOL TODAY	25 Pulled BBQ Beef Sandwich Twister Fries Baked Beans Strawberries & Bananas OR Grilled Chicken Sandwich Combo OR Chef Salad Bar	26 Chicken & Noodles Mashed Potatoes Broccoli w/Cheese Whole Wheat Roll Sliced Peaches OR Cheeseburger OR Taco Salad Bar	27 Super Nachos Lettuce &Tomatoes Refried Beans Pineapple Tidbits OR Calzone Combo OR Chef Salad Bar	28 Corn Dog Ranch Cut Potatoes Fresh Veggies Applesauce Chocolate Chip Cookie OR Egg Roll Combo OR Oriental Salad Bar

Menus are subject to change without notice!

Choice Between Daily Entrée Or Pop-tart **All Breakfasts include fresh fruit and/or 100% Fruit Juice**	Breakfast Menu					Miss the early morning breakfast? **Get Grab & Go** (After 1st block)
	Monday	Tuesday	Wednesday	Thursday	Friday	
	Biscuits & Gravy	Pancake on a Stick	Yogurt Parfait	Ham Combo Bar w/ Muffin	Breakfast Pizza	